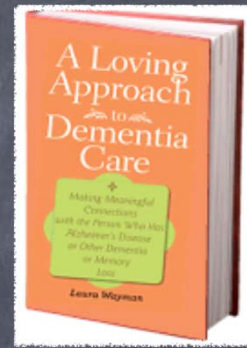


Live With the Dementia  
Whisperer!

Laura Wayman,  
The Dementia Whisperer

Is now a National Radio  
Personality!



Author, Keynote,  
Advocate,  
Consultant, World  
Renowned Dementia  
Expert

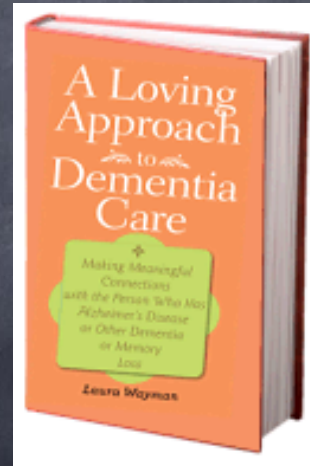


# A Loving Approach To Dementia Care

Laura Wayman  
The Dementia Whisperer



Ms. Wayman is also Director of Dementia Care Services for Comfort Keepers (Sacramento) and consults with select Comfort Keepers offices throughout the United States



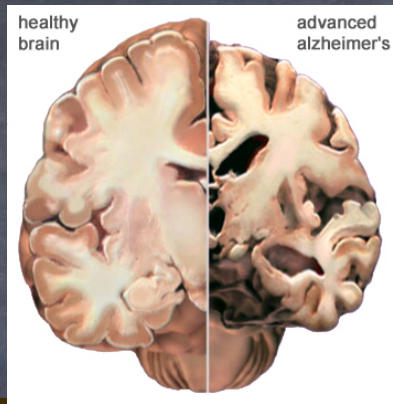
- 68% of the time the primary caregiver-especially if it is a same age spouse-will get sick and pass away before the loved one with dementia symptoms

# What is Dementia?

- Dementia is not a diagnosis
- Dementia is a list of symptoms
- Loss of normal brain function
- Must have a cause



- There are over 100 different causes of DEMENTIA!
- Illness/Disease-permanent and progressive
- Ongoing infections, medications-temporary and treatable
- Brain injury/Trauma-permanent but not progressive

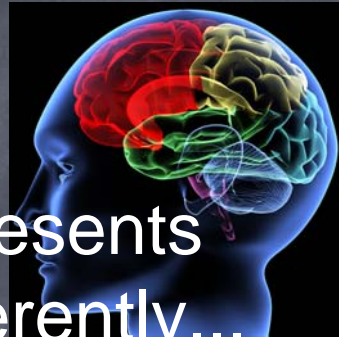


Alzheimer's is the number one cause of dementia symptoms..

Followed by Lewy-Body, Parkinson's, Pick's, Huntington's, Stroke, AID's, Alcoholism...



Everyone presents dementia differently...



We must expect symptoms and  
challenging behaviors!



## Understanding Normal Brain Function



### Hearing

Processing what you hear-  
what it means to you-what  
you need to do next...

### Sight

Process what you see-what  
it means to you-what you  
need to do next...

How many normal brain functions do you have to access in the first 10 seconds when the alarm goes off?



The cause of dementia symptoms is like this dirty rat...

- Memory loss
- Confusion
- Disorientation
- Resistance to Care
- Difficulty Processing
- Inability to Learn New Things



Loss of the ability to process information and the world around them causes anxiety, agitation, anger, confusion and can escalate into aggressiveness and combativeness...



- The emotions and feelings we are born with remain...





“People will forget what you said,  
And people will forget what you did,  
But they will never forget how you made them feel.”

—Maya Angelou

Don't ask questions or  
give options  
Take action instead of  
Stay calm, confident,  
patient and present in the  
moment  
Take time to just "be"  
Don't expect to stop,  
change or fix dementia  
symptoms or behaviors





Questions?

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